

Knowing Jesus: Class-Day 1

Knowing His Power

— TOTAL —
CHURCH CAMP

Supplies: Camper Booklets, Pens, Bible, Bonding Activities List

Introduction: Spend a few minutes getting to know the names of your campers in your class. You are encouraged to play a name game/get to know you game in the bonding activities list.

Opening Activity: Can you do this? Have the group go through a list of activities that challenge them to see what they can and can't do. Examples...Can you lick your elbow? Put your index finger tips together perfectly with your eyes closed? Balance on one leg with your eyes closed?
You are welcome to add more challenges if you want.

Say: When you say the word power, you're really talking about the ability to do something. Like a car has the ability to drive on the road, a plane has the ability to fly. We have a lot of abilities, but our power or ability is limited to physical or mental power. True power belongs to Jesus. His ability to do things is far above ours, and through His power we can learn a great deal about Him and who he truly is.

Read: Ephesians 1:15-23

Discussion Questions:

1. How is wisdom and knowledge a form of power when it comes to God?
2. What are the things we need to know if we want to understand the power of Jesus? **Verses 18-19**
3. What is your life like when you don't know God's power, hope, and blessings?
4. How does the power of Jesus give us life?
5. How is the life we're given by the power of Jesus similar to His resurrection from the dead?
6. What are some things that make us feel powerless?
7. How does Jesus help us do the things we can't do on our own?
8. How is the church, the body of Jesus, the greatest example of Jesus' power on earth?
9. How do we come to know the power of Jesus in our lives? **Read: Philippians 3:9-12**
10. What do we need to do to use the power Jesus has given us to grow with him today?

Closing Activity:

In their booklets have them write down all the ways that Jesus has shown His power in your life. Maybe the times he has helped you through a difficult time or the things he's given you, like hope, peace, joy, or comfort. Then write down all the things his power can do to make your life better now. Pray at the end as a group for us to know His power and know Him through it.

Have camper close class in a prayer

